

CB-BK WE1 2026: Session: 5: COACH evaluation sheet for TEAM: HELIOS

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: TILMAN Eric

Coaches: DELEPLANQUE Xavier

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 35: 100M FREESTYLE WOMEN 11-12						Heat:7, starttime: 10:25	
Heat: 7/20 Lane : 1 Athlete: DJEMAL LILIA						Q-time: 01:17:20	
PB (50m pool): no time				PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M					
PB	no time	no time					
	<i>no time</i>						
							

Coach feedback:

Event number: 37: 200M BREASTSTROKE WOMEN 13-14					Heat:3, starttime: 11:19
Heat: 3/8 Lane : 5 Athlete: DELEPLANQUE ERIN					Q-time: 03:03:68
PB (50m pool): no time			PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
					

Coach feedback:

Event number: 37: 200M BREASTSTROKE WOMEN 13-14					Heat:5, starttime: 11:26
Heat: 5/8 Lane : 1 Athlete: ROUDOMETKINA KSENIA					Q-time: 03:01:58
PB (50m pool): no time			PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
					

Coach feedback:

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Event number: 37: 200M BREASTSTROKE WOMEN 13-14					Heat:5, starttime: 11:26
Heat: 5/8 Lane : 4 Athlete: HAVELANGE OCéANE					Q-time: 02:59:87
PB (50m pool): no time					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback: